

# LISA BERMAN

## Holistic Health Practitioner

Adjunct Faculty Bastyr University Seattle, Mediation, Compassionate Listening

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## Resume

### Career:

1984-present: Holistic Health Practitioner

- 1984-2003: Berlin, Germany
- 2004-present: Indianola/WA, USA

2001-present: Mediator in Germany and USA

1983 Apprentice in Naturopathic Practice Dr. Dirk Arntzen, Berlin

1984 Assistant in Naturopathic Practice Sigismund Gross, Berlin

### Academic Studies:

German Holistic Health Practitioner: Schwarz Heilpraktikerschule Berlin

Peace Sciences: University Hagen, Germany

Psychology/Philosophy/Sociology: University Hagen, Germany

### Faculty:

2004-present: Bastyr University, Seattle, USA

1985-2003:

- Samuel-Hahnemannschule, Berlin
- Schwarz Heilpraktikerschule Berlin

### Workshop facilitation:

1984-present: Support for greater health and wellbeing, 'The Body Reveals'

2003-present: Compassionate Listening in USA and Europe, e.g.

- CONTACT Institute (Conflict Transformation across Cultures), Vermont
- International Congress 'Collective Wisdom' Würzburg, Germany, 2004, 2006
- 2003-present: Co-Facilitation with Brian Berman at BermanHealingArts, e.g.: Peace in Relationships, Meditation, Practice Group in Compassionate Listening, Listening Counsels

### Facilitation of international Projects:

- **2002-2008:** Co-Facilitation of a Jewish-German Reconciliation Project in Germany and USA (<http://www.compassionatelistening.org/>)
- International Congress 'Collective Wisdom', Würzburg, Germany, 2006

### Continuing Education:

- Reference Point Therapy Level 1&2 (Simon & Evette Rose, <http://www.rptblog.com/>)
- 'The Transformative Touch', Soleira Green ([www.transformingourworld.com](http://www.transformingourworld.com))
- ThetaHealing Basic DNA Instructor (Vianna Stibl, [www.thetahealing.com/](http://www.thetahealing.com/))
- ThetaHealing Instructor, Basis & Advanced (Vianna Stibl, [www.thetahealing.com/](http://www.thetahealing.com/))
- Compassionate Listening Facilitator ([www.compassionatelistening.org/](http://www.compassionatelistening.org/))
- Joanna Macy, The Great Turning ([www.joannamacy.net/](http://www.joannamacy.net/))
- Mediator Germany (<http://www.mow-mediation.de/>), USA ([www.kitsapdrc.org/](http://www.kitsapdrc.org/))
- Systemic Body Constellation (adapted from Family Constellation Bert Hellinger, [www.hellinger.com/](http://www.hellinger.com/))
- Holistic Psychosomatic Medicine (Dr. Rüdiger Dahlke, <http://www.dahlke.at/>)
- Health Adviser/Nutritionist (Gesundheitsberaterin der GGB/Dr. Bruker, [www.ggb-lahnstein.de/](http://www.ggb-lahnstein.de/))
- Meditation, Yoga